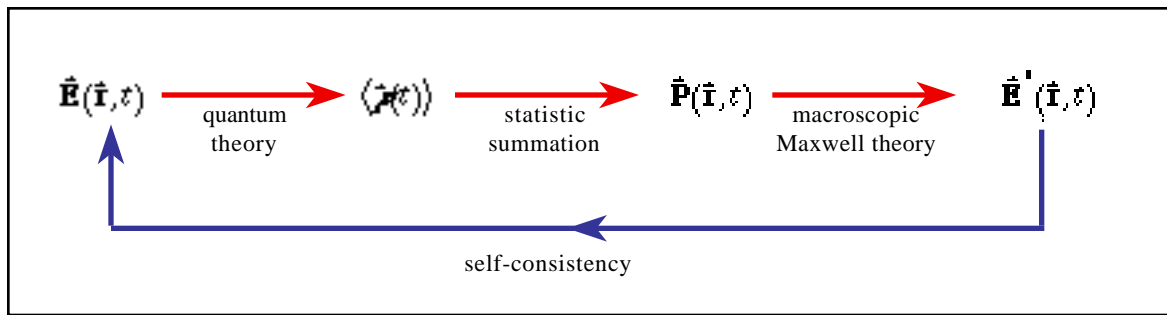


VI. SEMICLASSICAL LASER THEORY ²³

LASER SELF-CONSISTENCY EQUATIONS

Lamb's theory of laser operation provides a very powerful means for interpreting and predicting complex time dependent behavior without invoking all the intricacy of a full quantum mechanical theory. It is semiclassical, self-consistent theory in the following sense:



Suppose that the field in the laser is represented in the form

$$E(z, t) = \frac{1}{2} \sum_n \mathcal{E}_n(t) \exp \left[-i \left(\omega_n t + \phi_n(t) \right) \right] U_n(z) + c.c. \quad [VI-1]$$

where, for example,

in a simple a cavity laser $U_n(z) = \sin k_n z = \sin \frac{n\pi}{L} z$ **standing wave** [VI-2a]

and in a ring laser $U_n(z) = \exp(i k_n z) = \exp i \frac{n 2\pi}{L} z$ **traveling wave** [VI-2b]

²³ An adaptation or interpretation of Lamb's "semiclassical" or "self-consistent" laser theory as first presented in *Phys. Rev.* **134**, A1429 (1964) and refined in countless other treatments. In these lecture notes we drawn extensively on M. Sargent III, M. O. Scully and W. E. Lamb, Jr., *Laser Physics*, Addison-Wesley (1974) and P. Meystre and M. Sargent III, *Elements of Quantum Optics*, Springer-Verlag (1992).

With this representation for the field the **induced polarization** can be expressed as

$$P(z, t) = \frac{1}{2} \sum_n P_n(t) \exp[-i(\omega_n t + \phi_n(t))] U_n(z) + c.c. \quad [VI-3]$$

where $P_n(t)$ is the complex, slowly varying component of the polarization of the n th mode. If we take the wave equation in the form²⁴

$$-\nabla^2 \bar{\mathbf{E}} + \mu_o \frac{\mathbf{J}}{t} + \frac{1}{c^2} \frac{\partial^2 \bar{\mathbf{E}}}{t^2} = -\mu_o \frac{\partial^2 \bar{\mathbf{P}}}{t^2} \quad [VI-4]$$

where second term is included as a means to account for cavity losses. From Equation [VI-1] assuming that \mathcal{E}_n , \mathcal{P}_n , and $\dot{\phi}_n$ are slowly varying functions of time²⁵

$$\begin{aligned} -\nabla^2 \bar{\mathbf{E}} - \frac{\partial^2 \mathbf{E}(z, t)}{z^2} &= -\frac{1}{2} \sum_n \mathcal{E}_n \exp[-i(\omega_n t + \phi_n)] \frac{\partial^2 U_n}{z^2} + c.c. \\ &= \frac{1}{2c^2} \sum_n \omega_n^2 \mathcal{E}_n \exp[-i(\omega_n t + \phi_n)] U_n + c.c. \end{aligned} \quad [VI-5a]$$

where $\omega_n = ck_n$ are the eigenfrequencies of the *cold resonator* eigenmodes.

$$\frac{\bar{\mathbf{E}}}{t} - \frac{\partial \mathbf{E}(z, t)}{t} = \frac{1}{2} \sum_n \left\{ \dot{\mathcal{E}}_n - i \mathcal{E}_n (\omega_n + \dot{\phi}_n) \right\} \exp[-i(\omega_n t + \phi_n)] U_n(z) + c.c. \quad [VI-5b]$$

²⁴ In this formulation we are assuming that $\nabla \cdot \bar{\mathbf{P}} = 0$.

²⁵ The so called *slowly-varying amplitude and phase approximation* (SVAP) is used extensively in treating problems in laser dynamics. In the SVAP approximation it is assumed that

$$\frac{\omega_n}{z} \ln |\mathcal{E}_n|; \frac{\omega_n}{z} \ln |\mathcal{P}_n|; \frac{\omega_n}{z} |\dot{\phi}_n| \ll k_n \text{ and } \frac{\omega_n}{t} \ln |\mathcal{E}_n|; \frac{\omega_n}{t} \ln |\mathcal{P}_n|; \frac{\omega_n}{t} |\dot{\phi}_n| \ll \omega_n$$

$$\mu_o \frac{\bar{\mathbf{J}}}{t} = \mu_o \frac{J(z,t)}{t} = \frac{\mu_o}{2} \left\{ -i \mathcal{E}_n \right\} \exp[-i(\omega_n t + \phi_n)] U_n(z) + c.c. \quad [VI-5c]$$

$$\frac{\partial^2 \bar{\mathbf{E}}}{t^2} = \frac{\partial^2 E_w(z,t)}{t^2} = \frac{1}{2} \left\{ \mathcal{E}_n'' - i 2 \dot{\mathcal{E}}_n (\omega_n + \dot{\phi}_n) + \mathcal{E}_n - (\omega_n + \dot{\phi}_n)^2 - i \ddot{\phi}_n \right\} \exp[-i(\omega_n t + \phi_n)] U_n(z) + c.c. \quad [VI-5d]$$

which reduces in the **SVAP** approximation to

$$\frac{\partial^2 \bar{\mathbf{E}}}{t^2} = \frac{\partial^2 E(z,t)}{t^2} = \frac{1}{2} \left\{ -i 2 \dot{\mathcal{E}}_n \omega_n + \mathcal{E}_n [-\omega_n^2 - 2 \omega_n \dot{\phi}_n] \right\} \exp[-i(\omega_n t + \phi_n)] U_{nw}(z) + c.c. \quad [VI-5d']$$

and from Equation [VI-3]

$$\frac{\partial^2 \bar{\mathbf{P}}}{t^2} = \frac{\partial^2 P(z,t)}{t^2} = \frac{1}{2} \left\{ \mathcal{P}_n'' - i 2 \dot{\mathcal{P}}_n (\omega_n + \dot{\phi}_n) + \mathcal{P}_n - (\omega_n + \dot{\phi}_n)^2 - i \ddot{\phi}_n \right\} \exp[-i(\omega_n t + \phi_n)] U_n(z) + c.c. \quad [VI-6]$$

$$\frac{1}{2} \left\{ -\omega_n^2 \mathcal{P}_n \right\} \exp[-i(\omega_n t + \phi_n)] U_n(z) + c.c.$$

If these representations are to be valid when substituted into Equation [VI-4], the following equations must hold:

$$\omega_n \mathcal{E}_n - i \dot{\mathcal{E}}_n - \omega_n \mathcal{E}_n - i 2 \dot{\mathcal{E}}_n \omega_n - \omega_n^2 \mathcal{E}_n - 2 \omega_n \dot{\phi}_n \mathcal{E}_n = \frac{1}{\mu_o} \omega_n^2 \mathcal{P}_n \quad [VI-7]$$

We adjust the **fictional** conductivity to account for the loss of energy or time decay of the given mode -- viz. we take $\sigma = \sigma_n / Q_n$ where Q_n is the "Q" of the mode. Equating real and imaginary parts of Equation [VI-7] we obtain Lamb's **master laser self-consistency equations** -- viz.

$$\dot{\mathcal{E}}_n + \frac{n}{2Q_n} \mathcal{E}_n - \frac{n}{2} \mathcal{I}_m\{ \mathcal{P}_n \} \quad [VI-8a]$$

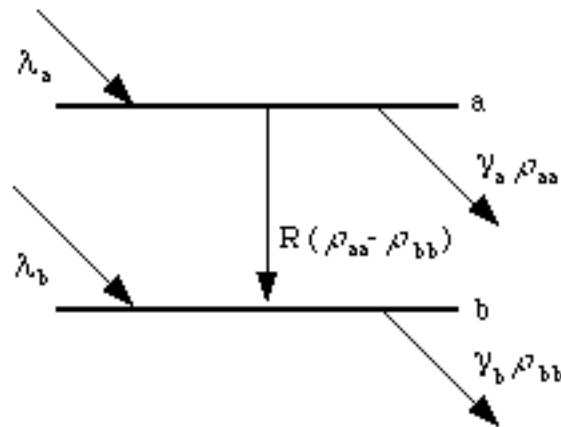
$$\frac{d^2}{dt^2} \mathcal{E}_n - \frac{2}{n} \mathcal{E}_n - 2 \frac{d}{dt} \mathcal{E}_n - \frac{1}{n} \frac{d^2}{dt^2} \mathcal{R}e\{ \mathcal{P}_n \} \quad [VI-8b]$$

or

$$\frac{d}{dt} \left(\frac{d}{dt} \mathcal{E}_n + \frac{n}{2} \mathcal{E}_n - \frac{n}{2} \mathcal{R}e\{ \mathcal{P}_n \} \right) / \mathcal{E}_n \quad [VI-8b']$$

POLARIZATION OF THE MEDIUM:

The simplest application of Lamb's theory assumes that the laser medium consists of an ensemble of two-level atoms with a single well-defined transition $\hbar \omega_{ab}$ which is **homogeneously broaden**. Possible "pump" and "decay" processes are indicated schematically in the following figure:



The model describes, in effect, a so called **four-level homogeneously broaden laser** where both levels relaxed to some presumed *ground state* and are "pumped" via higher

energy excited states. $\rho_s(z, t, t)$ is defined as the density matrix operator at a place z and a time t which is associated with atoms excited to the state s (where $s = a$ or b) at a time t and $\dot{\rho}_s(z, t)$ as the rate at which atoms are excited to the state s (per atom, per second per unit volume). The macroscopic polarization is, thus, given by

$$\begin{aligned}
 P(z, t) &= \int_{-\infty}^t dt \dot{\rho}_s(z, t) \langle e \mathcal{D}isp \rangle \\
 &= \int_{-\infty}^t dt \dot{\rho}_s(z, t) \rho_{ab}(s, z, t, t) + c.c.
 \end{aligned}
 \tag{VI-9}$$

If we project this expression on to the modes of the laser cavity and compare with Equation [VI-3], we see that

$$\mathcal{P}_n(t) = 2 \exp \left[i \left(\omega_n t + \phi_n(t) \right) \right] \frac{1}{\mathcal{M}_n} \int_0^L dz U_n(z) \int_{-\infty}^t dt \dot{\rho}_s(z, t) \rho_{ab}(s, z, t, t) \tag{VI-10a}$$

where $\mathcal{M}_n = \int_0^L dz |U_n(z)|^2$ is the mode normalization factor. To facilitate the integration of this equation, we re-write it in terms of the **population matrix operator** $\rho_{ab}^-(z, t)$ -- viz.

$$\mathcal{P}_n(t) = 2 \exp \left[i \left(\omega_n t + \phi_n(t) \right) \right] \frac{1}{\mathcal{M}_n} \int_0^L dz U_n(z) \rho_{ab}^-(z, t) \tag{VI-10b}$$

where

$$\rho_{ab}^-(z, t) = \int_{-\infty}^t dt \dot{\rho}_s(z, t) \rho_{ab}(s, z, t, t) . \tag{VI-11}$$

The equation of motion of this population matrix is found by differentiating its defining equation -- *i.e.*

$$\frac{d}{dt} \rho_{ss}(z, t) = \rho_{ss}(z, t) + \int_{-\infty}^t dt \dot{\rho}_{ss}(z, t) \cdot \rho_{ss}(z, t) \quad [VI-12]$$

By definition $\rho_{ss}(z, t) = \rho_{ss}$, so that first term on the right-hand-side is replaced by the matrix

$$\begin{pmatrix} \rho_{aa}(z, t) & 0 \\ 0 & \rho_{bb}(z, t) \end{pmatrix}$$

If we interpret the $\dot{\rho}_{ss}(z, t)$ components of the second term on the right-hand-side of Equation [VI-12], as the time derivatives of the *pure state* density matrix components given by Equations [III-14a] and [III-14b] of this set of lectures notes,²⁶ the component equations of motion for the population matrix $\rho_{ss}(z, t)$ become

$$\dot{\rho}_{aa} = \rho_{aa} - \rho_{aa} - [i \hbar^{-1} \mathcal{V}_{ab} \rho_{ab} + c.c.] \quad [VI-13a]$$

$$\dot{\rho}_{bb} = \rho_{bb} - \rho_{bb} + [i \hbar^{-1} \mathcal{V}_{ab} \rho_{ab} + c.c.] \quad [VI-13b]$$

$$\dot{\rho}_{ab} = -(i \rho_{ab} + \rho_{ab}) \rho_{ab} + i \hbar^{-1} \mathcal{V}_{ab} [\rho_{aa} - \rho_{bb}] \quad [VI-13c]$$

Formal integration of Equation [VI-13c] yields

²⁶ Including damping, Equations [III-16a] and [III-16b] of this set of lecture notes would have the form

$$\begin{aligned} \dot{\rho}_{aa} &= -\rho_{aa} - [i \hbar^{-1} \mathcal{V}_{ab} \rho_{ab} + c.c.] \\ \dot{\rho}_{bb} &= -\rho_{bb} + [i \hbar^{-1} \mathcal{V}_{ab} \rho_{ab} + c.c.] \\ \dot{\rho}_{ab} &= -(i \rho_{ab} + \rho_{ab}) \rho_{ab} + i \hbar^{-1} \mathcal{V}_{ab} [\rho_{aa} - \rho_{bb}] \end{aligned}$$

$$\dot{\rho}_{ab} = i \hbar^{-1} \int_{-\infty}^t dt \exp w \left[-i \left(\omega_{ab} + \omega_{ab} \right) (t-t) \right] \mathcal{V}_{ab}(z,t) \left[\rho_{aa}(z,t) - \rho_{bb}(z,t) \right] \quad [VI-14]$$

SINGLE MODE OPERATION:

For a **single-mode standing wave field** in the **rotating-wave approximation**

$$\mathcal{V}_{ab}(z,t) = -\frac{1}{2} \mathcal{E}_n(t) \exp \left[-i \left(\omega_n t + \phi_n(t) \right) \right] U_n(z) \quad [VI-15]$$

so that

$$\begin{aligned} \dot{\rho}_{ab}(z,t) &= -\frac{1}{2} i \hbar^{-1} \exp \left[-i \omega_n t \right] U_n(z) \int_{-\infty}^t dt \exp \left[-i \left(\omega_{ab} - \omega_n \right) + \omega_{ab} \right] (t-t) - i \omega_n(t) \mathcal{E}_n(t) \left[\rho_{aa}(z,t) - \rho_{bb}(z,t) \right] \\ &= -\frac{1}{2} i \hbar^{-1} \exp \left[-i \omega_n t \right] U_n(z) \int_0^+ d \exp \left[-i \left(\omega_{ab} - \omega_n \right) + \omega_{ab} \right] - i \omega_n(t-) \mathcal{E}_n(t-) \left[\rho_{aa}(z,t-) - \rho_{bb}(z,t-) \right] \end{aligned} \quad [VI-16]$$

The integration can be done simply, if the changes in \mathcal{E}_n , ω_n , and $\rho_{aa} - \rho_{bb}$ are negligible in a time \hbar^{-1} so that

$$\begin{aligned} \dot{\rho}_{ab}(z,t) &= -\frac{1}{2} i \hbar^{-1} \mathcal{E}_n(t) \exp \left[-i \left(\omega_n t + \phi_n(t) \right) \right] U_n(z) \left[\rho_{aa}(z,t) - \rho_{bb}(z,t) \right] \left[i \left(\omega_{ab} - \omega_n \right) + \omega_{ab} \right]^{-1} \\ &= -\frac{1}{2} i \hbar^{-1} \mathcal{E}_n(t) \exp \left[-i \left(\omega_n t + \phi_n(t) \right) \right] U_n(z) \left[\rho_{aa}(z,t) - \rho_{bb}(z,t) \right] \mathcal{D} \left(\omega_{ab} - \omega_n; \omega_{ab} \right) \end{aligned} \quad [VI-17]$$

where $\mathcal{D}(u-v; w) = [i(u-v) + w]^{-1}$ represents the so called **complex Lorentzian denominator**. Substituting this result into Equations [VI-13a] and [VI-13b] we find the previously discussed **rate equation approximation** for the population components - viz.

$$\begin{aligned} \dot{\rho}_{aa} &= \rho_a - \rho_a - R \left(\rho_{aa} - \rho_{bb} \right) \\ \dot{\rho}_{bb} &= \rho_b - \rho_b + R \left(\rho_{aa} - \rho_{bb} \right) \end{aligned} \quad [VI-18]$$

with the **rate constant** is given by

$$\begin{aligned} R &= \frac{1}{2} \frac{1}{\hbar} \mathcal{E}_n^2(t) |U_n(z)|^2 \left(\rho_{ab} - \rho_n \right)^2 + \rho_{ab}^{-1} \\ &= \frac{1}{2} \frac{1}{\hbar} \mathcal{E}_n^2(t) |U_n(z)|^2 \mathcal{L} \left(\rho_{ab} - \rho_n; \rho_{ab} \right) \end{aligned} \quad [VI-19]$$

where $\mathcal{L}(u - v; w) = w^2 \left[(u - v)^2 + w^2 \right]^{-1}$ represents the **dimensionless Lorentzian function**.

For steady state -- *i.e.* $\dot{\rho}_{aa} = \dot{\rho}_{bb} = 0$

$$\rho_{aa} - \rho_{bb} = \frac{\rho_a^{-1} - \rho_b^{-1}}{1 + R(z) / \frac{\rho_a \rho_b}{\rho_a + \rho_b}} = \frac{N(z)}{1 + R(z) / R_S} \quad [VI-20]$$

where $N(z)$ is the unsaturated population difference and $R_S = \rho_a \rho_b \left(\rho_a + \rho_b \right)^{-1}$.

Combining Equations [VI-10b], [VI-17] and [VI-20] we obtain

$$\mathcal{P}_n(t) = - \frac{1}{\hbar} \mathcal{E}_n \mathcal{D} \left(\rho_{ab} - \rho_n; \rho_{ab} \right) \frac{1}{\mathcal{M}_n} \int_0^L dz \frac{N(z) |U_n(z)|^2}{1 + R(z) / R_S} \quad [VI-21]$$

Although this result **can be integrated exactly**,²⁷ there is more insight to be gained by expanding the *saturation denominator* in powers of $R(z)/R_s$ -- viz.

$$\mathcal{P}_n(t) = -^2 \hbar^{-1} \mathcal{E}_n \mathcal{D} \left(\begin{matrix} ab - n; ab \\ \mathcal{M}_{n0} \end{matrix} \right) \frac{1}{\mathcal{M}_{n0}} \int_0^L dz N(z) |U_n(z)|^2 - \frac{R(z)}{R_s}^k \quad [VI-22a]$$

To second order in $R(z)/R_s$ we obtain

$$\mathcal{P}_n(t) = -^2 \hbar^{-1} \mathcal{E}_n \mathcal{D} \left(\begin{matrix} ab - n; ab \\ \bar{N} \end{matrix} \right) \left[1 - \frac{3}{4} I_n \frac{a+b}{ab} \right] \mathcal{L} \left(\begin{matrix} ab - n; ab \end{matrix} \right) \quad [VI-22b]$$

where
$$\bar{N}(t) = \frac{1}{\mathcal{M}_{n0}} \int_0^L dz N(z,t) |U_n(z)|^2 \quad [VI-23a]$$

and
$$I_n = \frac{1}{2} \frac{^2 \mathcal{E}_n^2}{\hbar^2} \frac{1}{a+b} \quad [VI-23b]$$

is the dimensionless mode intensity.

To complete the self-consistency loop, we combine our expression for the complex mode polarization, Equation [VI-22b], and the self-consistency conditions, Equations [VI-8].

From Equation [VI-8a]

²⁷ Exactly
$$\mathcal{P}_n(t) = -^2 \hbar^{-1} \mathcal{E}_n \mathcal{D} \left(\begin{matrix} ab - n; ab \\ \bar{N} \end{matrix} \right) \bar{N} f(w)$$

where
$$f(w) = \frac{2}{w} \left[1 - (1+w)^{-1/2} \right]$$
 and
$$w = I_n \frac{a+b}{ab} \mathcal{L} \left(\begin{matrix} ab - n; ab \end{matrix} \right)$$

$$\dot{\mathcal{E}}_n + \frac{n}{2Q_n} \mathcal{E}_n - \frac{n}{2} \mathcal{I}_m\{\mathcal{P}_n\} = \frac{1}{2} \frac{n^2 \mathcal{E}_n}{\hbar \omega_{ab}} \frac{1}{\omega_{ab}} \mathcal{L}(\omega_{ab} - \omega_n; \omega_{ab}) \bar{N} - \frac{3}{4} I_n \frac{\omega_a + \omega_b}{\omega_{ab}} \mathcal{L}(\omega_{ab} - \omega_n; \omega_{ab}) \quad [VI-24]$$

Multiplying this equation by $\frac{n^2 \mathcal{E}_n}{2\hbar \omega_{ab}}$, we obtain

$$i_n \mathcal{I}_n - \frac{n}{2Q_n} \mathcal{E}_n + \frac{1}{2} \frac{n^2 \mathcal{E}_n}{\hbar \omega_{ab}} \frac{1}{\omega_{ab}} \mathcal{L}(\omega_{ab} - \omega_n; \omega_{ab}) \bar{N} - \frac{3}{4} I_n \frac{\omega_a + \omega_b}{\omega_{ab}} \mathcal{L}(\omega_{ab} - \omega_n; \omega_{ab}) \quad [VI-25a]$$

This nonlinear equation of motion may be written to advantage as

$$i_n \mathcal{I}_n [\omega_n - \omega_n I_n] \quad [VI-25b]$$

where the *linear gain* is measured by

$$g_n = \frac{1}{2} \frac{n^2 \mathcal{E}_n}{\hbar \omega_{ab}} \frac{1}{\omega_{ab}} \mathcal{L}(\omega_{ab} - \omega_n; \omega_{ab}) \bar{N} - \frac{n}{2Q_n} \quad [VI-26a]$$

and *nonlinear saturation* by

$$s_n = \frac{3}{8} \bar{N} \frac{n^2 \mathcal{E}_n}{\hbar \omega_{ab}} \frac{\omega_a + \omega_b}{\omega_{ab}} \mathcal{L}^2(\omega_{ab} - \omega_n; \omega_{ab}) \quad [VI-26b]$$

From Equation [VI-8b'], we see that

$$g_n + s_n = \frac{n}{2} \mathcal{R}e\{\mathcal{P}_n\} / \mathcal{E}_n$$

Thus

$$n^+ \cdot n = n^+ \frac{1}{2} n \frac{2}{\hbar \omega_{ab}} \left(\frac{ab - n}{ab} \right) \mathcal{L}(ab - n; ab) \bar{N} - \frac{3}{4} I_n \frac{a^+ b}{ab} \mathcal{L}(ab - n; ab) \quad [VI-27]$$

$$n^+ - n^- = I_n$$

where the linear mode *pulling effect* is measured by

$$n^+ = \frac{1}{2} \bar{N} \frac{n}{\hbar \omega_{ab}} \left(\frac{ab - n}{ab} \right) \mathcal{L}(ab - n; ab) \quad [VI-28a]$$

and nonlinear *pushing effect* by

$$n^- = \frac{3}{4} \bar{N} \frac{n}{\hbar \omega_{ab}} \left(\frac{ab - n}{ab} \right) \frac{a^+ b}{ab} \left[\mathcal{L}(ab - n; ab) \right]^2 \quad [VI-28b]$$

From Equation [VI-25a], we find the **"at-resonance" threshold condition to be:**

$$\frac{n}{2Q_n} = \frac{1}{2} n \frac{2}{\hbar \omega_{ab}} \frac{1}{ab} \mathcal{L}(0; ab) \bar{N}_{Th} \quad \frac{1}{Q_n} = \frac{2 \bar{N}_{Th}}{\hbar \omega_{ab}} \quad [VI-29]$$

where \bar{N}_{Th} is the required population inversion at threshold.

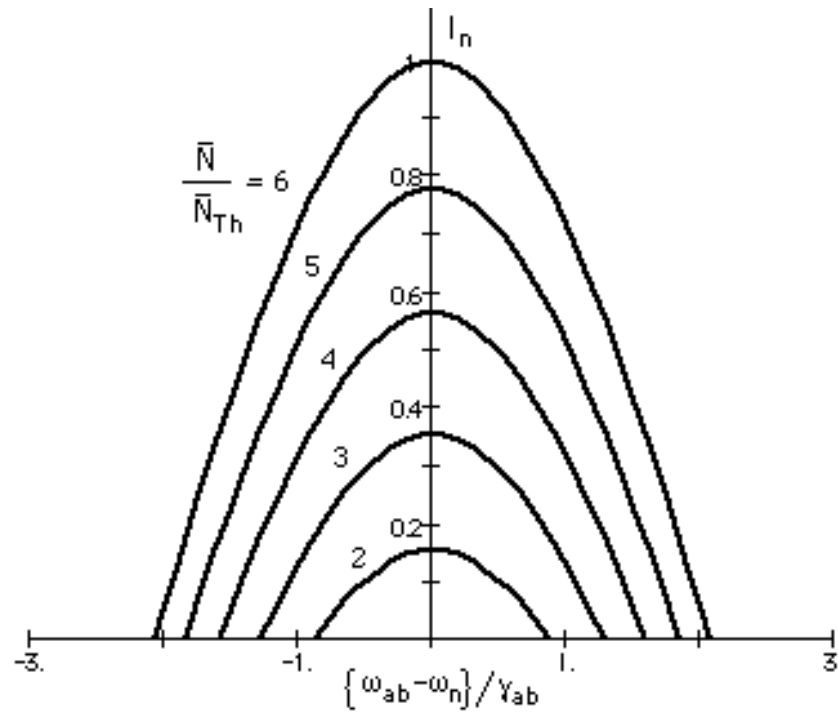
For the **general steady state condition**, we have

$$I_n = \frac{1}{2} \frac{\mathcal{E}_n^2}{\hbar^2} \frac{1}{a b} \quad n / n \quad [VI-30a]$$

or

$$I_n = \frac{4}{3} \frac{a_b}{a + b} \frac{\mathcal{L}(\omega_{ab} - \omega_n; a_b) - \bar{N}_{Th}/\bar{N}}{\mathcal{L}^2(\omega_{ab} - \omega_n; a_b)} \quad [VI-30b]$$

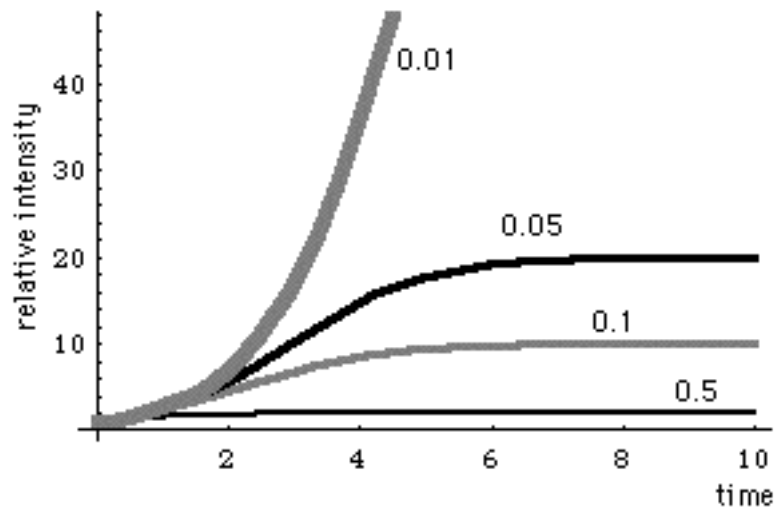
SINGLE-MODE, STANDING-WAVE LASER INTENSITY



The **time dependent intensity build-up** follows from integrating Equation [VI-25b] to obtain

$$I_n(t) = \frac{\gamma_n I_n(0) \exp(-\gamma_n t)}{\gamma_n + \gamma_n I_n(0) [\exp(-\gamma_n t) - 1]} \quad [VI-29]$$

TRANSIENT INTENSITY BUILDUP



MULTIMODE OPERATION:

When we consider the possibility that two or more laser modes may be simultaneously excited or oscillating, things get quite a bit more complicated and we must refine our analysis. In particular, we must treat the time dependence of the population difference $N_{aa} - N_{bb}$ with greater care since variations in the population difference tend to modulate and couple the possible modal excitations.

Reflection on the form of Equations [VI-13a] and [VI-13b] in the absence of modal excitation, suggests that we take

$$N(z,t) = \left[N_{aa}^{(0)}(z,t) - N_{bb}^{(0)}(z,t) \right] = \frac{1}{a} - \frac{1}{b} \quad [VI-31]$$

as the zeroth-order approximation to the time dependence of the population difference. With finite excitation of one or more modes we may write in the rotating-wave approximation

$$\mathcal{V}_{ab}(z, t) = -\frac{1}{2} \mathcal{E}_n(t) \exp[-i(\omega_n t + \phi_n(t))] U_n(z) \quad [VI-32]$$

and use Equation [VI-14] to obtain the following first-order approximation to the time dependence of the off-diagonal component of the population matrix:

$$\begin{aligned} \dot{\rho}_{ab}^{(1)} &= i \hbar^{-1} \int_0^t dt \exp[-i(\omega_{ab} + \omega_n)(t-t')] \mathcal{V}_{ab}(z, t') [\rho_{ab}^{(0)}(z, t') - \rho_{ab}^{(0)}(z, t)] \\ &= -\frac{1}{2} i \hbar^{-1} N(z, t) \mathcal{E}_n(t) \exp[-i(\omega_n t + \phi_n(t))] U_n(z) \int_0^t dt' \exp[-i(\omega_{ab} - \omega_n + \omega_n)(t-t')] \quad [VI-33] \\ &= -\frac{1}{2} i \hbar^{-1} N(z, t) \mathcal{E}_n(t) \exp[-i(\omega_n t + \phi_n(t))] U_n(z) \mathcal{D}(\omega_{ab} - \omega_n; \omega_n) \end{aligned}$$

In carrying out this integration we have, again, assumed that changes in \mathcal{E}_n , and ϕ_n , are negligible in a time τ_{ab}^{-1} . Using this result and Equation [VI-13a] we obtain the time derivative of the second-order approximation to the time dependence of the population of the upper level -- viz.

$$\begin{aligned} \dot{\rho}_{aa}^{(2)} &= \dot{\rho}_{aa}^{(0)} + \dot{\rho}_{aa}^{(2)} \\ &= \rho_{aa}^{(0)} - \rho_{aa}^{(0)} - \left| \frac{1}{2\hbar} \right|^2 N(z, t) \sum_n \mathcal{E}_n \mathcal{E}_m \exp\{i[(\omega_n - \omega_m)t + \phi_n - \phi_m]\} U_m(z) U_n(z) \mathcal{D}(\omega_{ab} - \omega_m; \omega_n) + c.c. \quad [VI-34] \end{aligned}$$

The key point here is that the population $\rho_{aa}^{(2)}$ has **pulsations at the intermode beat frequencies!** Integrating we find

$$-\rho_{aa}^{(2)} = -\left| \frac{1}{2\hbar} \right|^2 N(z, t) \mathcal{E}_n \mathcal{E}_m \exp\left\{ i \left[(\nu_n - \nu_m) t + \nu_n - \nu_m \right] \right\} U_m(z) U_n(z) \mathcal{D}(\nu_n - \nu_m; a) \mathcal{D}(\nu_{ab} - \nu_m; ab) + c.c. \quad [VI-35]$$

and since $-\rho_{bb}^{(2)} = -\rho_{aa}^{(2)}$ with $\nu_a = \nu_b$ we obtain the second-order approximation to the population difference as

$$-\rho_{aa}^{(2)} - \rho_{bb}^{(2)} = -\left| \frac{1}{2\hbar} \right|^2 N(z, t) \mathcal{E}_n \mathcal{E}_m \exp\left\{ i \left[(\nu_n - \nu_m) t + \nu_n - \nu_m \right] \right\} U_m(z) U_n(z) \times \left[\mathcal{D}(\nu_n - \nu_m; a) + \mathcal{D}(\nu_n - \nu_m; b) \right] \left[\mathcal{D}(\nu_{ab} - \nu_m; ab) + \mathcal{D}(\nu_n - \nu_{ab}; ab) \right] \quad [VI-36]$$

Substituting this expression into the formal integral of Equation [VI-14], we find, directly, the third-order approximation to the off-diagonal component of the population matrix

$$-\rho_{ab}^{(3)} = \frac{1}{8} i \left| \frac{1}{2\hbar} \right|^2 N(z, t) \mathcal{E}_l \mathcal{E}_m \mathcal{E}_n U_l(z) U_m(z) U_n(z) \times \exp\left\{ -i \left[(\nu_l - \nu_m + \nu_n) t + \nu_l - \nu_m + \nu_n \right] \right\} \mathcal{D}(\nu_{ab} - \nu_l + \nu_m - \nu_n; ab) \times \left[\mathcal{D}(\nu_m - \nu_n; a) + \mathcal{D}(\nu_m - \nu_n; b) \right] \left[\mathcal{D}(\nu_{ab} - \nu_n; ab) + \mathcal{D}(\nu_m - \nu_{ab}; ab) \right] \quad [VI-37]$$

Using Equation [VI-10b] and invoking Equations [VI-8] the general self-consistency conditions may be written²⁸

²⁸ It is important to note, that use of Equation [VI-10b] requires evaluation of the following integral :

$$N_{klmn} = \int_0^L dz N(z) U_k(z) U_l(z) U_m(z) U_n(z) \int_0^L dz |U_k(z)|^2$$

$$\dot{\mathcal{E}}_k = a_k \mathcal{E}_k - \sum_{l, m, n} \mathcal{E}_l \mathcal{E}_m \mathcal{E}_n \operatorname{Im} \left\{ \kappa_{klmn} \exp \left[i \kappa_{klmn} \right] \right\} \quad [VI-38]$$

$$\kappa_k^+ \dot{\mathcal{E}}_k = \kappa_k^+ \kappa_k^- \sum_{l, m, n} \mathcal{E}_k^{-1} \mathcal{E}_l \mathcal{E}_m \mathcal{E}_n \operatorname{Re} \left\{ \kappa_{klmn} \exp \left[i \kappa_{klmn} \right] \right\} \quad [VI-39]$$

with the coefficients summarized in the following table for a **standing wave** configuration:

Coefficients	Significance
$a_k = \mathcal{L} \left(\kappa_{ab-k; ab} \right) F_1 - \frac{1}{2} \kappa_k / Q_k$	Linear net gain
$\kappa_k = \left[\left(\kappa_{ab-k} \right) / \kappa_{ab} \right] \mathcal{L} \left(\kappa_{ab-k; ab} \right) F_1$	Linear mode pulling
$\kappa_k = \mathcal{L}^2 \left(\kappa_{ab-k; ab} \right) F_3$	Self saturation
$\kappa_{klmn} = i \frac{ab}{4} \left \frac{1}{2\hbar} \right ^2 F_1 \left\{ 1 + \left[N_{2(m-n)} + N_{2(m-l)} \right] / \bar{N} \right\} \mathcal{D} \left(\kappa_{ab-l+m-n; ab} \right)$ $\times \left[\mathcal{D} \left(\kappa_{ab-n; ab} \right) + \mathcal{D} \left(\kappa_{m-ab; ab} \right) \right] \left[\mathcal{D} \left(\kappa_{m-n; a} \right) + \mathcal{D} \left(\kappa_{m-n; b} \right) \right]$	General saturation term

Thus, the coefficients in Equations [VI-38] and [VI-39] are sensitive to the particulars of the laser mode configuration. Since the modal excitations cannot change rapidly, the only integrals of importance are those for which $\kappa_k - \kappa_l + \kappa_m - \kappa_n = 0$

$$\begin{aligned} \kappa_{kmm} + \kappa_{mkm} &= i \frac{1}{2} \frac{a+b}{a-b} | / 2\hbar|^2 F_1 \left\{ 2 + N_{2(m-k)} / \bar{N} \right\} \mathcal{D} \left(\begin{matrix} ab- \\ k; ab \end{matrix} \right) \\ &\quad \times \left\{ \mathcal{L} \left(\begin{matrix} ab- \\ k; ab \end{matrix} \right) \mathcal{L} \left(\begin{matrix} ab- \\ m; ab \end{matrix} \right) \right. \\ &\quad \left. + \frac{ab}{2} \frac{a-b}{a+b} \left[\mathcal{D} \left(\begin{matrix} ab- \\ k; ab \end{matrix} \right) + \mathcal{D} \left(\begin{matrix} m- \\ ab; ab \end{matrix} \right) \right] \right. \\ &\quad \left. \times \left[\mathcal{D} \left(\begin{matrix} m- \\ k; a \end{matrix} \right) + \mathcal{D} \left(\begin{matrix} m- \\ k; b \end{matrix} \right) \right] \right\} \end{aligned}$$

Stationary coefficient

$$\begin{aligned} \kappa_{km} &= \left[(2\hbar^2 a b) / | /|^2 \right] \text{Im} \left(\kappa_{kmm} + \kappa_{mkm} \right) \\ &= \frac{1}{3} F_3 \left\{ 2 + N_{2(m-k)} / \bar{N} \right\} \left[\mathcal{L} \left(\begin{matrix} ab- \\ k; ab \end{matrix} \right) \mathcal{L} \left(\begin{matrix} ab- \\ m; ab \end{matrix} \right) \right. \\ &\quad \left. + \frac{1}{2} \left[ab \right]^2 \frac{a-b}{a+b} \text{Re} \mathcal{D} \left(\begin{matrix} ab- \\ k; ab \end{matrix} \right) \left[\mathcal{D} \left(\begin{matrix} ab- \\ k; ab \end{matrix} \right) + \mathcal{D} \left(\begin{matrix} m- \\ ab; ab \end{matrix} \right) \right] \right. \\ &\quad \left. \times \left[\mathcal{D} \left(\begin{matrix} m- \\ k; a \end{matrix} \right) + \mathcal{D} \left(\begin{matrix} m- \\ k; b \end{matrix} \right) \right] \right] \end{aligned}$$

Cross-saturation

$$\begin{aligned} \kappa_{lmn} &= \left(\begin{matrix} k- \\ l+ \\ m- \\ n \end{matrix} \right) t + \begin{matrix} k- \\ l+ \\ m- \\ n \end{matrix} \\ \kappa_m &= \left(\begin{matrix} ab- \\ m \end{matrix} \right) / ab \mathcal{L}^2 \left(\begin{matrix} ab- \\ m; ab \end{matrix} \right) F_3 \end{aligned}$$

Relative phase angle

Self mode pushing

$$\begin{aligned} \kappa_{km} &= \left[(2\hbar^2 a b) / | /|^2 \right] \text{Re} \left(\kappa_{kmm} + \kappa_{mkm} \right) \\ &= \frac{1}{3} F_3 \left\{ 2 + N_{2(m-k)} / \bar{N} \right\} \left[\left(\begin{matrix} ab- \\ k \end{matrix} \right) / ab \mathcal{L} \left(\begin{matrix} ab- \\ k; ab \end{matrix} \right) \mathcal{L} \left(\begin{matrix} ab- \\ m; ab \end{matrix} \right) \right. \\ &\quad \left. - \frac{1}{2} \left[ab \right]^2 \frac{a-b}{a+b} \text{Im} \mathcal{D} \left(\begin{matrix} ab- \\ k; ab \end{matrix} \right) \left[\mathcal{D} \left(\begin{matrix} ab- \\ k; ab \end{matrix} \right) + \mathcal{D} \left(\begin{matrix} m- \\ ab; ab \end{matrix} \right) \right] \right] \end{aligned}$$

Cross pushing

$F_1 = \frac{1}{\sqrt{2}} \bar{N} \left[2 \hbar \omega_{ab} \right]^{-1}$ $F_3 = \left(\frac{3}{2} \right) \frac{1}{\omega_{ab}} \frac{\omega_a \omega_b}{\omega_a + \omega_b} F_1$ $N_{2m} = \frac{1}{L} \int dz N(z) \cos \left(\frac{2\pi m}{L} z \right)$ $\mathcal{D}(u-v; w) = \left[i(u-v) + w \right]^{-1}$ $\mathcal{L}(u-v; w) = w^2 \left[(u-v)^2 + w^2 \right]^{-1}$	<p>First-order factor and Third-order factor</p> <p>Spatial factor</p> <p>Lorentzian denominator</p> <p>Dimensionless Lorentzian</p>
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Two-Mode Operation: For two modes the amplitude determining equations -- *i.e.* Equation [VI-38] - reduce to

$$\begin{aligned} \dot{\mathcal{E}}_1 &= \mathcal{E}_1 [a_1 - I_1 - I_2] \\ \dot{\mathcal{E}}_2 &= \mathcal{E}_2 [a_2 - I_2 - I_1] \end{aligned} \quad [\text{VI-40}]$$

and the frequency determining equations -- *i.e.* Equation [VI-39] -- reduce to

$$\begin{aligned} \omega_1^+ \omega_1^- &= \omega_1^+ \omega_1^- I_1 - I_2 \\ \omega_2^+ \omega_2^- &= \omega_2^+ \omega_2^- I_2 - I_1 \end{aligned} \quad [\text{VI-41}]$$

Multiplying the amplitude equations by $\mathcal{E}_i^{-1} \left[\frac{1}{\hbar^2 \omega_a \omega_b} \right]$ we obtain the equations of motion for the dimensionless intensities

$$\begin{aligned} \dot{I}_1 &= 2 I_1 [a_1 - I_1 - I_2] \\ \dot{I}_2 &= 2 I_2 [a_2 - I_2 - I_1] \end{aligned} \quad [\text{VI-42}]$$

STABILITY OF POSSIBLE STEADY STATE SOLUTIONS:

Stability criterion for stationary solutions: If $I_1 = I_1^{(s)}$ and $I_2 = I_2^{(s)}$, $\dot{I}_1 = 0$ and $\dot{I}_2 = 0$ as $t \rightarrow \infty$.

Solution 1: $I_1^{(s)} = 0$ and $I_2^{(s)} = a_2 / a_{12}$ so that

$$\begin{aligned} \dot{I}_1 &= 2[a_{11} - a_{12} I_2^{(s)}] \\ \dot{I}_2 &= 2[a_{22} + a_{21} I_1^{(s)}] \end{aligned} \quad [VI-43a]$$

or

$$\begin{aligned} \dot{I}_1 &= 2[a_{11} - a_{12} a_2 / a_{12}] + O(I_2^2) \\ \dot{I}_2 &= -2(a_2 / a_{12})[a_{22} + a_{21} I_1^{(s)}] + O(I_1^2) \end{aligned} \quad [VI-43b]$$

Stability requires that $a_{11} - a_{12} a_2 / a_{12}$ remain negative. If $a_{11} < 0$ but $a_{12} > 0$ one says that I_2 inhibits the oscillation of I_1 (**mode inhibition**). If a_{12} becomes large to overcome the inhibiting effect of I_2 , the solution becomes unstable and I_1 builds up.

Solution 2: $I_1^{(s)} = 0$ and $I_2^{(s)} = 0$ so that

$$\begin{aligned} a_1 &= a_{11} I_1^{(s)} + a_{12} I_2^{(s)} \\ a_2 &= a_{22} I_2^{(s)} + a_{21} I_1^{(s)} \end{aligned} \quad [VI-44]$$

which has the solution

$$\begin{aligned} I_1^{(s)} &= \frac{(a_{11} I_1^{(s)}) - (a_{21} I_2^{(s)})}{1 - C} = \frac{a_{11} I_1^{(s)}}{1 - C} \\ I_2^{(s)} &= \frac{(a_{22} I_2^{(s)}) - (a_{12} I_1^{(s)})}{1 - C} = \frac{a_{22} I_2^{(s)}}{1 - C} \end{aligned} \quad [VI-45]$$

where the *coupling constant* $C = \frac{12-21}{1 \ 2}$. Substituting this solution into Equation

[VI-42] we see that

$$\begin{aligned} \dot{x}_1 &= -2 I_1^{(s)} [x_1 \ x_2 + I_2 \ I_1] + O(x^2) \\ \dot{x}_2 &= -2 I_2^{(s)} [x_2 \ x_1 + I_1 \ I_2] + O(x^2) \end{aligned} \quad [\text{VI-46a}]$$

In matrix form

$$\frac{d}{dt} \begin{pmatrix} x_1 \\ x_2 \end{pmatrix} = \frac{-2}{1-C} \begin{pmatrix} a_1 & a_2 \\ a_2 & a_1 \end{pmatrix} \begin{pmatrix} x_1 \\ x_2 \end{pmatrix} = \mathcal{M} \begin{pmatrix} x_1 \\ x_2 \end{pmatrix} \quad [\text{VI-46b}]$$

The solutions will be stable if the eigenvalues of this equation are both negative.

$$\text{Det}(\mathcal{M} - I) = 0 \quad [\text{VI-47}]$$

$$\lambda_{1,2} = -\frac{a_1+a_2}{1-C} \pm \sqrt{\frac{(a_1+a_2)^2}{(1-C)^2} - 4 \frac{a_1 a_2}{1-C}} \quad [\text{VI-48}]$$

Case 1: **Weak coupling** where $C < 1$ and $a_1 > 0$ and $a_2 > 0$: **Stable** since both eigenvalues negative

Case 2: **Strong coupling** $C > 1$ and $a_1 < 0$ and $a_2 < 0$: **Unstable** since one eigenvalue is positive