

## Lecture 18: Polar Codes Part II

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## 1 Agenda

Analysis of polarization:

- martingales and Arikan martingales
- local polarization of Arikan martingales
- strong vs. local polarization

## 2 Properties of polarization

Last class we defined a *polarizing map*,

$$P_u(u, v) \triangleq (P_{u/2}(u+v), P_{u/2}(v))$$

shown diagrammatically in Figure 1. For input  $(u, v)$ , the first column  $Z^{(0)} \rightarrow Z^{(1)}$  maps  $(u, v) \rightarrow (u+v, v)$ . This transformation is recursively applied until the input can no longer be divided in this way. Now if we define  $X_j$  to be the entropy of the  $j$ th column given all the previous columns,

$$X_j \triangleq H(Z_i^{(j)} | Z_{<i}^{(j)}),$$

where  $i \sim \text{unif}([n])$  is the row index, chosen uniformly from  $[n]$ . Our goal is to follow this value of  $X_j$  as we move along through the polarizer. Our criteria for polarization is that  $X_j$  must tend either very close to 0 or to 1, and increasingly so with larger  $j$ . That is,

$$\Pr_{i \in [n]} \left[ X_j \in \left[ \frac{1}{n^{100}}, 1 - \frac{1}{n^{100}} \right] \right] \leq \frac{1}{n^{0.001}}.$$

In this lecture, we aim to analyze what distributions  $\{X_j\}_{j \in [N]}$  satisfy this property of polarization. To do so, we first show that  $\{X_j\}_{j \in [N]}$  is a martingale, defined as follows:

**Definition 1.**  $\{X_j\}_{j \in [N]}$  is a *martingale* iff for all  $j$ ,  $\mathbb{E}[X_j | X_0 = a_0, \dots, X_{j-1} = a_{j-1}] = a_{j-1}$ .

That is, conditioned on past outcomes, future expectation does not change. Later we will show that if  $\{X_j\}_{j \in [N]}$  has this property, it will demonstrate *local polarization* which in turn implies *strong polarization*, the definitions of both to follow. Now, we show how to demonstrate whether  $\{X_j\}_{j \in [N]}$  is in fact a martingale.

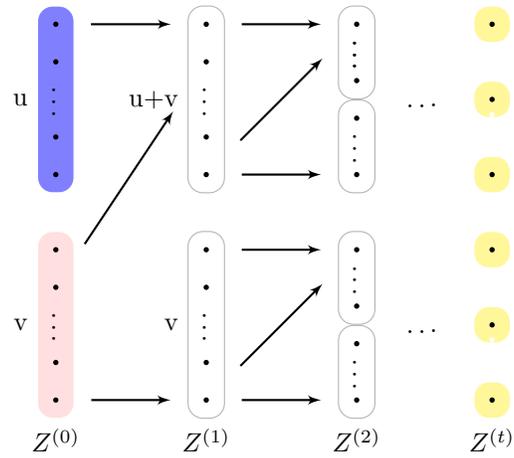
### 2.1 Arikan martingales

The analysis of the connection between the polarizing behavior of the entropy history and martingales is first discussed in [Ari08].

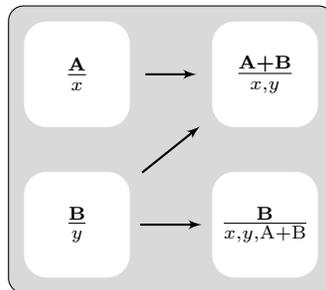
**Claim:**  $\{X_j\}_{j \in [N]}$  is a martingale.

Proof:

In order to show that  $\{X_j\}_{j \in [N]}$  is a martingale, we must show that the expected entropy at any step of the polarization is unchanged. Consider a single step  $j$  of the polarizer, show in Figure 2, which polarizes



**Figure 1:** Diagram of polarizing channel.



**Figure 2:** Polarization at time  $j$ .  $\mathbf{A}$  = r.v. representing single bit, while  $\mathbf{B}$  represents a collection of bits. Note that this is equivalent to the left side conditioned on  $x, y$  jointly, since  $\mathbf{A}$  is independent of  $y$  and  $\mathbf{B}$  is independent of  $x$ .

$(\mathbf{A}, \mathbf{B})$  given  $(x, y)$ .  $\mathbf{A}, \mathbf{B}$  are random variables representing a single bit, while  $x, y$  are collection of bits on which they are dependent.  $\mathbf{A}, x$  and  $\mathbf{B}, y$  are independent and thus indistinguishable, so  $H(\mathbf{A}|x) = H(\mathbf{B}|y)$ . Since the overall entropy is unchanging,

$$\begin{aligned} H(\mathbf{A}|x) + H(\mathbf{B}|y) &= H(\mathbf{A}|x, y) + H(\mathbf{B}|x, y) \\ &= H(\mathbf{A}+\mathbf{B}|x, y) + H(\mathbf{B}|x, y, \mathbf{A}+\mathbf{B}) \\ \implies \mathbb{E}[X_j|x, y] &= \mathbb{E}[X_{j+1}|x, y] \end{aligned}$$

Since its expected value remains equal to its prior value given the entropy history,  $X_j$  is a martingale. Next, we discuss how this helps us with polarization.

## 2.2 Martingales and polarization

As a reminder, for strong polarization, we want the following to be true:

$$\Pr[x_t \in (2^{-100t}, 1 - 2^{-100t})] \leq 2^{-.001t}.$$

Now, consider a single bit  $A$ , a collection of bits  $B$ , and sets of the values of previous variables,  $S, T$ , on which  $A, B$  depend, respectively.  $A$  and  $S$  are jointly distributed and so too are  $B, T$ . Pairs of variables  $(A, S), (B, T)$  are i.i.d. Here's what we know:

$$\begin{aligned} \text{if } X_j = \alpha, \implies \exists \text{ dist } (A, S) =_d (B, T) \\ \text{s.t. } H(A|S) = H(B|T) = \alpha \\ X_{j+1} = H(A+B|S, T) \text{ w.p. } \frac{1}{2} \\ = H(B|A+B, S, T) \text{ w.p. } \frac{1}{2}. \end{aligned}$$

However, this behavior is very much local, and it is not clear how to go from here to strong polarization. Consider the following examples:

1.  $x_{t+1} = x_t + 2^{-t+2}$  w.p.  $\frac{1}{2}$ ,  $x_t - 2^{-t+2}$  w.p.  $\frac{1}{2}$
2.  $x_{t+1} = x_t \pm \min\{x_t, x_t/2\}$  each w.p.  $\frac{1}{2}$
3.  $x_{t+1} = x_t^2$  w.p.  $\frac{1}{2}$ ,  $2x_t - x_t^2$  w.p.  $\frac{1}{2}$

Example 1 is a martingale, but does not polarize. Instead of going towards an increasingly polar distribution, the distribution of  $x_t$  approaches uniform as  $t$  increases.

Example 2 is also a martingale, but it does not polarize to the desired extent. At time step  $t$ , the probability that  $x_t$  is very close to the edges,

$$\Pr[x_t \notin (2^{-100t}, 1 - 2^{-100t})] = 0.$$

This martingale does not have enough "suction at the edges" to satisfy the polarization requirement.

Example 3 is a martingale and it also polarizes. But how is that? First, consider the behavior a martingale should have in order to exhibit polarization.

## 2.3 Local to strong polarization

We identify two general barriers to polarization: 1) not enough variance as time  $t \rightarrow \infty$  and 2) weak attraction to the extrema  $\{0, 1\}$ . To formalize this notion, we define *local polarization* as occurring when  $x_t$  has the following two properties,

1. Variance in the middle:

$$\forall \tau \exists \sigma > 0 \text{ s.t. } \forall t : \text{Var}[x_t | x_{t-1} = a_{t-1} \in (\tau, 1 - \tau)] \geq \sigma^2$$

2. Strong and increasing attraction to the extrema:

$$\exists \theta > 0 \forall c \exists \tau > 0 \text{ s.t. } \Pr[x_t < x_{t-1}/c | x_{t-1} < \tau] \geq \theta.$$

The first property is enough to rule out Example 1 from the previous subsection, and the second property rules out Example 2. We now prove the following, which allows us to conclude that Example 3 is strongly polarizing.

**Theorem 2.** *If a martingale  $X_0, \dots, X_t$  is locally polarizing, then  $X_0, \dots, X_t$  is also strongly polarizing.*

Here we sketch the proof of this result; for a more detailed treatment, see the original paper, [BGN<sup>+</sup>18]. Say we have a locally polarizing martingale,  $x_0, \dots, x_t$ . Define

$$\phi_t \triangleq \min\{\sqrt{x_t}, \sqrt{1 - x_t}\}$$

Then

$$\exists \beta < 1 \text{ s.t. } \forall t, x_{t-1} \quad \mathbb{E}[\phi_t | x_{t-1}] \leq \beta \cdot \phi_{t-1}$$

must hold true. This implies the following,

$$\begin{aligned} & \mathbb{E}[\phi_t] \leq \beta^t \cdot x_0 \\ \implies & \Pr[\phi_t > \beta^{t/2} x_0] < \beta^{t/2} \\ \implies & \Pr[H(w_i | w_{<i}) \in (2^{-0.001t}, 1 - 2^{-0.001t})] \leq 2^{-0.001t} \end{aligned}$$

Where the second inequality follows from Markov's inequality. This result is almost what we are looking for in that the probability that  $x_t$  does not polarize is very small, but we want  $x_t$  to polarize to a greater extent. To do this, we consider a two-step approach.

- first  $t/2$  steps:

$$\Pr[X_{t/2} \in (\beta^{t/2}, 1 - \beta^{t/2})] < \beta^{t/2}$$

- second  $t/2$  steps:

1.  $\Pr[\text{go above } \tau_0 | \text{start} < \beta^{t/2}] < \frac{\beta^{t/2}}{\tau_0}$
2. if always below  $\tau_0$ , then: double with probability  $< \frac{1}{2}$ , or reduce by a factor of  $c$  with probability  $> \frac{1}{2}$ .

The behavior for the first  $t/2$  steps can be shown using Markov's inequality, as done previously. The probability that  $x_t$  exceeds  $\tau_0$  given that  $x_{t/2} < \beta^{t/2}$  is given by the following,

**Theorem 3** (Doob's inequality [Dur11]). *For a martingale  $X_0, \dots, X_t$  such that  $X_i > 0 \forall i$ , then for all  $X_0, \tau, t$ ,  $\Pr[\sup_{i \in [t]} X_i > \tau] \leq \mathbb{E}[X_0]/\tau$ .*

Doob's inequality is the martingale analogy of Markov's inequality. The second possibility for the final  $t/2$  steps is that  $x_t$  falls below  $\tau_0$ , in which case  $x_t$  either doubles with probability  $< 1/2$  or else is divided by  $c$ . This behavior comes from by the suction principle of local polarization:  $\log x_t$  has drift towards the lower extremum.

$$\begin{aligned} \mathbb{E}[\log x_t] &\leq -t\theta \log c \\ \Pr[\log x_t \geq -\frac{t\theta \log c}{2}] &\leq \exp(-t) \\ \implies \Pr[x_t \geq \exp(-t\theta \log c/2)] &\leq \exp(-t) \end{aligned}$$

The case for which  $x_{t/2} > 1 - \beta^{t/2}$  is symmetric, except  $\log x_{t/2}$  is pulled towards the upper extremum. Therefore with probability  $1 - \exp(\Omega(-t))$ ,  $x_t$  is exponentially close to one of two extrema. Conversely, the probability that  $x_t$  has not been successfully polarized is exponentially small. The exact derivation of Theorem 2 is presented in detail in [BGN<sup>+</sup>18].

## 2.4 Arikan martingales and local polarization

Finally, we can show that Arikan martingales imply local polarization, and from Theorem 2, therefore also imply strong polarization [BGN<sup>+</sup>18]. We will only sketch the proof at a very high level here, as done in class; for a full treatment, see [BGN<sup>+</sup>18].

First, the variance of  $x_t$  in the middle - that is, in the region  $(\tau, 1 - \tau)$  - will be approximately large:

$$(H(p), H(p)) \rightarrow (H(2p - p^2), 2H(p) - H(2p - p^2)),$$

where the distance between  $p, 2p - p^2$  will be largest when  $p$  in the middle region.

Now, consider the suction in the lower region,

$$\begin{aligned} H(p) &\approx p \log \frac{1}{p} \\ 2H(p) - H(2p) &\approx 2p \log \frac{1}{p} - 2p \log \frac{1}{2p} \\ &= 2p \\ &= \frac{H(p)}{\log 1/p} \\ \implies H(2p - p^2) &\approx \frac{H(p)}{\log H(p)} \\ \implies x_{t+1} &\leq \frac{x_t}{\log x_t}, \text{ with probability } \frac{1}{2}. \end{aligned}$$

And in the upper region,

$$\begin{aligned} p &= \frac{1}{2} - \varepsilon \\ H(\frac{1}{2} - \varepsilon) &= 1 - \Theta(\varepsilon^2) \\ 2p - p^2 &= \frac{1}{2} - \Theta(\varepsilon^2) \\ H(2p - p^2) &= 1 - \Theta(\varepsilon^4) \end{aligned}$$

So we have  $x_t = (1 + \Theta(\varepsilon))x_{t-1}$  given  $x_{t-1} = H(p)$  with probability  $\frac{1}{2}$ .

## 3 Summary

To summarize what we've done...

- Arikan martingale  $\implies$  locally polarizing
- Local polarization  $\implies$  strong polarization
- Strong polarization  $\implies$  exponential gap

$$\Pr[H(w_i|w_{<i}) \in (n^{-100}, 1 - n^{-100})] \leq n^{-0.001}$$

- Therefore, polar codes achieve a polynomial gap with respect to capacity.

## References

- [Ari08] Erdal Arikan. Channel polarization: A method for constructing capacity-achieving codes for symmetric binary-input memoryless channels. *CoRR*, abs/0807.3917, 2008.
- [BGN<sup>+</sup>18] Jaroslaw Blasiok, Venkatesan Guruswami, Preetum Nakkiran, Atri Rudra, and Madhu Sudan. General strong polarization. *CoRR*, abs/1802.02718, 2018.
- [Dur11] Rick Durrett. *Probability: Theory and examples*. 2011.